

Jade Harmony XW 3/16" 28" 80" (5mm, 71.1cm, 203cm)

JadeYoga, extra wide (71.1cm), Hatha Yoga, Kundalini Yoga, Iyengar Yoga, Yin Yoga / Restorative Yoga, Jivamukti Yoga, Pre & Post Natal, Meditation, Beginner, Intermediate / Advanced, Home Practice

Our most popular 3/16" (5mm) thick Harmony mat is also available in extra wide 28" (71.1cm) to broaden your practice (standard mats are 24" (61cm) wide).

Jade is everything you want in a yoga mat – cool colors, incredible grip, great comfort and eco-friendly. Jade mats are made in a sustainable manner with natural rubber tapped from rubber trees, a renewable resource. Unlike other mats, Jade mats contain no PVC, EVA or other synthetic rubber, and are made in the United States in compliance with all US environmental, labor and consumer protection laws. And, through our partnership with Trees for the Future, JADE PLANTS A TREE FOR EVERY MAT SOLD – with over 2 MILLION trees planted so far.

Measurements:

Thickness: 3/16" (5mm)

Width: 28" (71.1cm)

Length: 80" (203cm)

Weight: 2.6kg

Latex Info:

Although Jade mats are 99% latex free, as they are from rubber trees, there may be trace amounts of latex proteins in the mats so we recommend persons with latex allergies avoid contact with our mats.

Care Instructions:

Wipe your mat down with a damp cloth (only water!) on a weekly basis. If you have a vigorous practice do so after each use. If you're looking for a deeper clean, we recommend using our plant-based mat wash which is specially designed for natural rubber yoga mats and is available here. NEVER place the mat in the washing machine or dryer. Do not use or dry mat outside. Sun or UV light damages the natural rubber. NEVER use alcohol, petroleum-based solvents or essential oils. Jade Mats have a rubber scent – your assurance that Jade mats are made sustainably with natural rubber. This natural scent is normal and will dissipate over time.

AVOID EXPOSURE TO DIRECT SUNLIGHT.